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Educational Qualifications

S.No.	Degree awarded	Institution	Year
1	M.B.B.S.	King George's Medical College, Lucknow	2002
2	M.D. (S.P.M.)	L.L.R.M. Medical College, Meerut	2007

## Achievements : & Awards

- 1. National trainer Rashtriya Bal Swasthya Kaaryakram (RBSK), Ministry of Health & Family Welfare, Gol.
- 2. National Trainer Infant & Young Child Feeding, Breastfeeding Promotion Network of India (BPNI) & UNICEF.
- State Trainer Reproductive Maternal Neonatal & Child Health + Adolescent (RMNCH+A) program, UNICEF for Shrawasti & Balrampur Districts
- 4. Consultant ICDS Monitoring Unit, Muzaffarnagar (NIPCCD) (2007-2010)
- 5. Supervisor Concurrent Assistance & Technical Assistance to Districts (CATA-D) program, Gol (2005-2006)

## Publications

- 1. "Does 'weight reduction' help all adult snorers?" Lung India. 2013 Jan-Mar; 30(1): p. 16-19.
- "Community Medicine as a career option! How is it perceived by Medical Students?" National Journal of Community Medicine. 2013 Apr-June; 4(2): p. 241-246.
- 3. "Non Availability of Human Resource for health in Rural India: Are we missing out on some critical link?" International Journal of Basic and Applied Medical Sciences. 2012 September-December; 2(3): p. 140-147.
- 4. "Knowledge and Practices regarding Obstetric Danger Signs in

- women attending Ante-Natal Clinic at BRD Medical College, Gorakhpur". Indian Journal of Preventive and Social Medicine. 2012; 43(1): p. 11-18.
- 5. "What to do after MBBS? An analysis of MBBS Student's career aspirations and their determinants". Indian Journal of Preventive and Social Medicine. 2012; 43(2): p. 134-140.
- "Learning style preferences of medical students and their determinants at a Government Medical College in Eastern Uttar Pradesh". Journal of Research in Medical Education & Ethics. 2015; 5(2): p. 187-192.
- 7. "Role of beta-2 microglobulin in renal dysfunction of neonates with birth asphyxia" Paediatric Review: International journal of Paediatric Research (Vol 3, Issue 1: January 2016).
- 8. "Evaluation of acid base status and outcome of neonatal respiratory distress" Paediatric Review: International journal of Paediatric Research (Vol 3, Issue 1: January 2016).
- 9. "Sexual Dimorphism in North Indian Individuals according to all hand digital length ratios" International Journal of Anatomy and Research (2016; Vol 4(4):2927-30).
- Prevalence of Diabetic Retinopathy in Urban Slums: The Aditya Jyot Diabetic Retinopathy in Urban Mumbai Slums Study—Report 2. Ophthalmic Epidemiology, DOI: 10.1080/09286586.2017.1290258.

## Chapters in books

- 1. Public health problems among rural children in India. ISBN: 81-88196-08-0
- 2. Practical Handbook of Community Medicine.

## Research Experience

- 1. Post graduate thesis: "Contraceptive utilization in Meerut An urban perspective".
- 2. Served as guide to STS, ICMR, New Delhi.
- 3. Co-guide Over 4 post-graduate theses at BRD Medical College, Gorakhpur (2011-2013)